

## Frequently Asked Questions

### **Why Impact Sports Academy?**

We focus on quality instruction and the long-term development of players. It's that simple. Our staff has the primary mission of impacting youth athletes in our programs. We cater to all levels of athletes and strive for a productive environment that is free of the fear of failure, in turn allowing our athletes to realize their full potential.

### **Who will be training ISA Athletes?**

Our instructors teach based on experience and expertise. From collegiate playing and coaching experience to professional careers, our instructors have seen and experienced it all. They understand what it takes to develop a successful baseball or softball player and are focused on the development of each athlete. Our instruction sets us apart from other programs in the area.

### **Do you have to play for an ISA team to train at ISA?**

No, ISA has always had a very strong stance that all athletes should be given the opportunity to train at our facility. No matter what the athlete's skill set is, ISA will have an opportunity to train in some capacity.

### **What training offerings does ISA have?**

It has always been very important for ISA to provide opportunities for all families. Opportunities range from a full time ISA team player, a Powered By team player, a practice player, individual lessons, camps, clinics, and programs.

### **What is an ISA Powered By Team?**

Powered By teams are already formed teams that want to continue to play together, keep their current coaching staff, while utilizing ISA for its training, facility and branding. Current coaches will continue to coach the team through the season. This allows for community-based type teams to stay together (no need to tryout) but utilize ISA for all of its offerings that ISA team players take advantage of. Powered By teams will select and pay for their tournaments for the summer.

### **What is an ISA Practice Player?**

For athletes who want to train full time at ISA, but not play for an ISA team, this is the perfect program! Athletes train from October thru March once per week with our ISA staff. These athletes will receive a practice uniform and will also be able to utilize ISA open gym times. Athletes will also be given ISA Marucci discounts. ISA may also look to these players if a fill in is needed on an ISA team throughout the tournament season.

### **What if my athlete plays multiple sports?**

We fully support multi-sport athletes. We believe that if you play other sports, you will be a better athlete, and in turn be a better player. One thing we do ask is that come spring/summer there is commitment to ISA and their team – practices and tournaments.

**Will it interfere with high school ball?**

We absolutely work around the high school team's spring season. At ISA, we will start training in September and train just up until high school season. Once it is high school season the athletes will then go to their respective high schools and train/play for them. Once the high school season is over, we will regroup! We do typically have the summer tournaments schedules sent out in January and typically do not schedule a high school team until after the state tournament.

**How many athletes on a team?**

We typically will not go more than 11 or 12 athletes on a team. We like this number because it allows for a little flexibility if there is an injured player or if "life happens" and something comes up. This allows the athletes to play multiple positions and rest appropriately as well during long, multi-game tournaments. High school aged teams may carry up to 14 as they have longer/higher game guarantee tournaments.

**How often does ISA train?**

We will train twice a week. Most teams will have one weekday practice and one weekend practice. Practices are 1.5 hours and will be focused on overall skill development.

**What do the colors of teams mean?**

The colors go in order of Royal, Black, White, Gray, and Silver. We want to put athletes on a team where they will be able to compete and be challenged. Each team will have their own tournament schedule where that should be able to happen. Our hope is that all the athletes grow as players both skill wise and knowledge wise, so our hope is to put them with players like that - no matter their age. That is also why we have tryouts every year and all the athletes need to try out every year - as new players come in, we might have to reorganize for the best fit.

**Can you please tell me how ISA responds when a player isn't offered a spot on the team?**

If a player is not offered a spot they will be offered a practice player spot. Our practice players practice one day a week from October through March and receive the same instruction as a team player. We also look to those practice players if we were to need a sub for the summer. We also offer a lot of different trainings for athletes throughout the year – in camps or lessons.

**What happens if offered players do not accept? Is that spot now open and then offered to another player?**

If a player declines the spot, we would look to fill it. If we feel there is a replacement that is a good fit for the team, we will offer them the spot. Should there be no suitable replacement, we do at times leave the roster spot open in the case someone tries out later on. We always do a ton of tryouts throughout the fall and winter and have learned over the years that we can wait if needed.

**Where are tournaments? How many do teams go to?**

Each team has a unique schedule – the older the teams get the more they typically travel. Because we are a travel program, we definitely do some traveling. The younger teams might have 3 or 4 travel (overnight stays) while some of the older teams might be traveling all summer. We have 6-7 tournaments – for softball, one of those is usually in the winter after the New Year.