

ISA Softball House Teams

Off Season Instruction Program

8U/10U Futures

Instructional workouts: 1x/week September thru December; 2x/week Jan thru mid-March

- Weekly baseball instruction sessions cover:
 - Defense, hitting, pitching, catching, throwing, and baseball basics in a camp style setting
 - Classroom instruction
 - September/October weekend practices will be outside (weather permitting)
 - December Workouts will be OFF- Open gym times will be available
- 1x/week training session (early November thru mid-March)
- Outdoor practices (April – May)
- Online video analysis profile personalized for each athlete

12U Futures

Instructional workouts: 2x/week September thru mid-March

- Weekly baseball instruction sessions cover:
 - Defense, hitting, pitching, catching, throwing, and baseball basics in a camp style setting
 - Classroom instruction
 - September/October weekend practices will be outside (weather permitting)
 - December Workouts will be OFF- Open gym times will be available
- 1x/week training session (early November thru mid-March)
- Outdoor practices (April – May)
- Online video analysis profile personalized for each athlete

14U Futures

Instructional workouts: 2x/week September thru mid-March

- Weekly baseball instruction sessions cover:
 - Defense, hitting, pitching, catching, throwing, and baseball basics in a camp style setting
 - Classroom instruction
 - September/October weekend practices will be outside (weather permitting)
 - December Workouts will be OFF- Open gym times will be available
- 1x/week training session (early November thru mid-March)
- Outdoor practices (April – May)
- Online video analysis profile personalized for each athlete

16U/18U Stars

Instructional workouts: 2x/week September thru mid-March

- Weekly baseball instruction sessions cover:
 - Defense, hitting, pitching, catching, throwing, and baseball basics in a camp style setting
 - Classroom instruction

- September/October weekend practices will be outside (weather permitting)
- December Workouts will be OFF- Open gym times will be available
- 1x/week training session (early November thru mid-March)
- Online video analysis profile personalized for each athlete
- ISA Recruiting Network powered by Sports Thread

Team Managers are integrated into the instruction program as we progress. Managers will begin working with their team after January for a smooth transition in leadership & to help build the manager/player relationship.

Training Program

Each team will be a part of our Training Program as part of their program cost. Our training program is a strengthening program designed to improve velocity, speed, control, mobility, flexibility and strength to allow each athlete to become a better thrower and hitter. Athletes will come in once a week for their training session.

Season Schedule

8U/10U Futures

- 4-5 tournaments
- Weekly practices/scrimmages

12U/14U Futures

- 5-6 tournaments
- Weekly practices/scrimmages

16U/18U Stars

- 5-6 tournaments
- Weekly games/scrimmages

Practices

Depending on the number of games in a given weekend, the team will also be practicing 1x a week. Players are encouraged to practice daily on their own. Weekday scrimmages will be set up as needed.

Additional Facility Use

All ISA players are encouraged to use the facilities after school Monday through Friday from September – May (June and July summer hours change).

Uniforms and Gear

Marucci Sports is an official partner of Impact Sports Academy and a top supplier in Major League Baseball. Owned and operated by current and former MLB players, Marucci is endorsed by many professional athletes. Through our partnership, ISA is able to offer an exclusive discount on Marucci products.

Each team will be provided a designated Marucci website to order uniform packages, team branded merchandise, baseball equipment and gear.

Uniform Packages

As part of their team dues, a basic uniform/equipment package from Marucci is provided. This package includes: 3 jerseys, 2 pants, and 2 pairs of socks. If you are a new ISA athlete, you will also be required to buy a Marucci helmet. Players will be able to purchase additional gear through a designated Marucci store.

Process to Order Uniform Package

Players (parents) will be emailed a link to place orders online for their included uniform package. These items will ship directly to ISA and be distributed by ISA staff at a team practice. Uniform packages must be ordered by December 1st. If a player does not order during the allotted time frame, a rush shipping fee may apply.

Players requiring additional gear can place orders at the same time as ordering their uniform package (otherwise the team store is open year round). Players will be responsible for the cost and shipping charges for any extra items. These items will ship directly to the player's home.

Program Cost

Roster spots are secured with a \$500 *non-refundable* down payment in August. The remaining balance will be paid on a monthly basis via automatic withdrawal. Automatic withdrawal is mandatory unless "offline" (outside of the player management software) payments are approved by ISA Management. Player fee/program cost does not include travel expenses. If registering after August 31st, down payment plus first month is due upon registration. Fundraising opportunities will be offered.

8U/10U Futures

Total Program Cost: \$1,750

Due on acceptance of roster spot: \$500

Remaining Balance: \$179/month for 7 consecutive months (Sept - March)

All payments are non-refundable

12U Futures

Total Program Cost: \$2,050

Due on acceptance of roster spot: \$500

Remaining Balance: \$222/month for 7 consecutive months (Sept - March)

All payments are non-refundable

14U Futures

Total Program Cost: \$2,350

Due on acceptance of roster spot: \$500

Remaining Balance: \$265/month for 7 consecutive months (Sept - March)

All payments are non-refundable

16U/18U Stars

Total Program Cost: \$2,600

Due on acceptance of roster spot: \$500

Remaining Balance: \$263/month for 8 consecutive months (Sept - April)

All payments are non-refundable

Fundraising Opportunities

Opportunities for fundraising are available. At ISA, we feel that working together to raise funds to benefit others is part of building team camaraderie and individual character. Players are encouraged to participate but such events will always remain optional.

ISA will coordinate the following two fundraisers:

1. In the fall/winter, players can participate in the "Swing-a-Thon" fundraiser. Each player will secure donations and multiply that number off of his/her performance in a skills competition. Funds raised will directly benefit the player.
2. In the spring, players can participate in "Team Banner" fundraiser. Each player will secure advertisement funds from local businesses to be placed on the team tournament banner. Funds raised will directly benefit the player.

Please note: Individual fundraising opportunities are also encouraged, however, they must be pursued and completed by the individual player or team without the assistance of ISA.