

ISA BASEBALL HOUSE TEAMS

Off Season Instructional Program

9U/10U/11U/12U/13U/14U

Instructional workouts: 2x/week September thru April

- Typically one week day and one weekend practice each week
- Weekly baseball instruction sessions cover:
 - Defense, hitting, pitching, catching, throwing, and baseball basics in a team training setting
 - Classroom instruction
- Open gym times available
- Weekly Performance Training session (October thru mid-March)
- Outdoor practices (May-July)
- Online personalized Rapsodo profile to view test day videos

15U/16U/17U

Instructional workouts: 2x/week September thru mid-March (start of HS season)

- Typically one week day and one weekend practice each week
- Weekly baseball instruction sessions cover:
 - Defense, hitting, pitching, catching, throwing, and baseball basics in a team training setting
 - Classroom instruction
- Open gym times will be available
- Weekly Performance Training session (October thru mid-March)
- Outdoor practices (June-July)
- Online personalized Rapsodo profile to view test day videos
- Online Profile inside ISA Recruiting Network (ISArecruiting.com)
- FieldLevel Account Managed by ISA
- Showcase day with ISA recruiting video

Performance Training Program

Each ISA athlete will be a part of our Performance Training program as part of their program cost. Our training is a strengthening program designed to improve velocity, speed, control, mobility, flexibility and strength to allow each athlete to become a better overall baseball player. Athletes will have a weekly training session. All sessions will be ran by a certified strength coach.

An Advanced Performance Training option will be available for high school athletes for an additional cost.

Season Schedule

9U/10U/11U/12U/13U/14U

- 6 tournaments
- Weekly practices
- ISA Youth League; approximately 10 league games

15U/16U/17U

- 6 tournaments
- Weekly practices
- Weekly games/scrimmages if necessary
- Fall Tournament option will be offered for an additional cost

Practices/League Games

14U and under will be playing minimum of one league game per week from May through mid-July. They will also have one team outdoor practice per week from May through July.

15U-17U will have one practice per week in June and July.

Players are encouraged to practice daily on their own.

Additional Facility Use

All ISA players are permitted to use the facilities during designated Open Gym times September – April (May thru July summer hours change).

Uniforms and Gear

Marucci Sports is an official partner of Impact Sports Academy and a top supplier in Major League Baseball. Owned and operated by current and former MLB players, Marucci is endorsed by many professional athletes. Through our partnership, ISA is able to offer an exclusive discount on Marucci products.

Each team will be provided a designated Marucci website to order uniform packages, team branded merchandise, baseball equipment and gear.

Lockerroom.maruccisports.com

Password: ISABaseball

Uniform Packages

As part of their team dues, a basic uniform/equipment package from Marucci is provided. ISA will also provide athletes with a practice shirt for the off-season training. If you are a new ISA athlete, you will also be required to buy a Marucci helmet. Players will be able to purchase additional gear through a designated Marucci store.

Process to Order Uniform Package

At some point during the Fall, players (parents) will be emailed a link to place orders online for their included uniform package. These items will ship directly to ISA and be distributed by ISA staff at a team practice. Uniform packages must be ordered by December 1st. If a player does not order during the designated time, a rush shipping fee may apply.

Players requiring additional gear can place orders at the same time as ordering their uniform package (otherwise the team store is open year-round). Players will be responsible for the cost and shipping charges for any extra items. These items will ship directly to the player's home.

Stay to Play Tournaments

Many tournament venues increasingly require teams to "Stay to Play," which means that teams must select lodging from a designated list of approved hotels and/or make reservations through specific links. ISA will communicate when a tournament is a Stay to Play tournament and provide further information on booking hotels. Families are expected to follow Stay to Play guidelines or they can be subject to team fines imposed by the tournament host. If a tournament is not Stay to Play, families are welcome to choose lodging of their choice and/or coordinate with team members to book blocks at hotels.

Program Cost

Roster spots are secured with a \$500 *non-refundable* down payment in August. The remaining balance will be paid on a monthly basis via automatic withdrawal. Automatic withdrawal is mandatory unless "offline" (outside of the player management software) payments are approved by ISA Management. **Player fee/program cost does not include travel expenses and these expenses should be carefully considered prior to accepting a roster spot.** If registering after August 31st, down payment plus first month is due upon registration.

8U/9U/10U

Total Program Cost: \$2,700

Due on acceptance of roster spot: \$500

Remaining Balance: \$315/month for 7 consecutive months (Sept - March)

All payments are non-refundable

INCLUDES UNIFORM COSTS

11U/12U

Total Program Cost: \$2,900

Due on acceptance of roster spot: \$500

Remaining Balance: \$342/month for 7 consecutive months (Sept - March)

All payments are non-refundable

INCLUDES UNIFORM COSTS

13U/14U

Total Program Cost: \$3,200

Due on acceptance of roster spot: \$500

Remaining Balance: \$386/month for 7 consecutive months (Sept - March)

All payments are non-refundable

INCLUDES UNIFORM COSTS

15U/16U/17U

Total Program Cost: \$3,500

Due on acceptance of roster spot: \$500

Remaining Balance: \$375/month for 8 consecutive months (Sept - April)

All payments are non-refundable

INCLUDES UNIFORM COSTS

Fundraising Opportunity

ISA will coordinate the following fundraiser:

Athletes can participate in "Team Banner" fundraiser. Each player will secure advertisement funds from local businesses to be placed on the team tournament banner. Funds raised will directly benefit the player.

Important Dates

September 12 th	First Day of Practice
November 21 st – November 27 th	Thanksgiving Break
December 19 th - January 1 st	Winter Break
March 12 th	Last Day of Practice
March 13 th -19 th	Spring Break
March 20 th -April 30 th	New Youth Schedule Starts
May 1 st -July	Outdoor Summer Practice Schedule