

# ISA BASEBALL HOUSE TEAMS

## Off Season Instructional Program

### 9U/10U/11U/12U/13U/14U

#### **Instructional workouts: 2x/week September thru April**

- Typically one week day and one weekend practice each week
- Weekly baseball instruction sessions cover:
  - Defense, hitting, pitching, catching, throwing, and baseball basics in a team training setting
  - Classroom instruction
- Open gym times available
- Weekly Performance Training session (October thru mid-March)
- Outdoor practices (May-July)
- Online personalized Rapsodo profile to view test day videos

### 15U/16U/17U

#### **Instructional workouts: 2x/week September thru mid-March (start of HS season)**

- Typically one week day and one weekend practice each week
- Weekly baseball instruction sessions cover:
  - Defense, hitting, pitching, catching, throwing, and baseball basics in a team training setting
  - Classroom instruction
- Open gym times will be available
- Weekly Performance Training session (October thru mid-March)
- Outdoor practices (June-July)
- Online personalized Rapsodo profile to view test day videos
- Online Profile inside ISA Recruiting Network (ISArecruiting.com)
- FieldLevel Account Managed by ISA
- Showcase day with ISA recruiting video

## Performance Training Program

Each ISA athlete will be a part of our Performance Training program as part of their program cost. Our training is a strengthening program designed to improve velocity, speed, control, mobility, flexibility and strength to allow each athlete to become a better overall baseball player. Athletes will have a weekly training session. All sessions will be developed by a certified strength coach.

An Advanced Performance Training option will be available for high school athletes for an additional cost.

# Season Schedule

## 9U/10U/11U/12U/13U/14U

- 6 tournaments
- Weekly practices
- ISA Youth League; approximately 10 league games

## 15U/16U/17U

- 6 tournaments
- Weekly practices
- Weekly games/scrimmages if necessary
- Fall Tournament option will be offered for an additional cost

## **Practices/League Games**

**14U and under** will play a minimum of one league game per week from May through mid-July. They will also have one team outdoor practice per week from May through July.

**15U-17U** will have one practice per week in June and July.

## **Additional Facility Use**

All ISA players are permitted to use the facilities during designated Open Gym times September – July. Open Gym hours vary throughout the year and are dependent on facility availability.

# Uniforms and Gear

Marucci Sports is an official partner of Impact Sports Academy and a top supplier in Major League Baseball. Owned and operated by current and former MLB players, Marucci is endorsed by many professional athletes. Through our partnership, ISA is able to offer an exclusive discount on Marucci products.

Each team will be provided a designated Marucci website to order uniform packages, team branded merchandise, baseball equipment and gear, and more. The ISA Marucci store can be accessed with the below credentials:

Website: [lockerroom.maruccisports.com](https://lockerroom.maruccisports.com)

Password: ISABaseball

## **Uniform Package**

The standard ISA uniform package is \$300 + tax and must be purchased via the ISA Marucci website in November. The uniform package includes two sublimated jerseys, Elite pants, a sublimated short sleeve hoodie, and two team hats. A black Marucci helmet is also required and available to purchase for those that do not already have one. Players will be able to purchase additional gear through a designated Marucci store as well.

## Process to Order Uniform Package

At some point during the Fall after fitting day, players (parents) will be emailed a link to place orders online for their uniform package. These items will ship directly to ISA and be distributed by ISA staff at a team practice. Uniform packages must be ordered by November 30th. If a player does not order during the designated time, a rush shipping fee may apply.

Players requiring additional gear can place orders at the same time as ordering their uniform package (otherwise the team store is open year-round). Players will be responsible for the cost and shipping charges for any extra items. These items will ship directly to the player's home.

## Stay to Play Tournaments

Many tournament venues increasingly require teams to "Stay to Play," which means that teams must select lodging from a designated list of approved hotels and/or make reservations through specific links. ISA will communicate when a tournament is a Stay to Play tournament and provide further information on booking hotels. Families are expected to follow Stay to Play guidelines or they can be subject to team fines imposed by the tournament host. If a tournament is not Stay to Play, families are welcome to choose lodging of their choice and/or coordinate with team members to book blocks at hotels.

## Program Cost

Roster spots are secured with a \$500 *non-refundable* down payment upon acceptance. The remaining balance will be paid on a monthly basis via automatic withdrawal based on the below schedule. Automatic withdrawal is mandatory unless "offline" (outside of the player management software) payments are approved by ISA Management. **Player fee/program cost does not include travel expenses and these expenses should be carefully considered prior to accepting a roster spot.** If registering after August 31<sup>st</sup>, down payment plus first month is due upon registration.

Age	Down Payment	Sept	Oct	Nov (Uniform Fee)	Dec	Jan	Feb	Mar	April	May (Summer Fee)	TOTAL
9U/10U	\$500	\$291.67	\$291.67	\$300	\$291.67	\$291.67	\$291.67	\$291.67		\$150	\$2,700
11U/12U	\$500	\$316.67	\$316.67	\$300	\$316.67	\$316.67	\$316.67	\$316.67		\$200	\$2,900
13U/14U	\$500	\$358.33	\$358.33	\$300	\$358.33	\$358.33	\$358.33	\$358.33		\$250	\$3,200
15U/16U/17U	\$500	\$342.86	\$342.86	\$300	\$342.86	\$342.86	\$342.86	\$342.86	\$342.86	\$300	\$3,500

Uniform Fee: \$300 + tax and purchased directly through Marucci. There is no monthly fee due to ISA for the month of November. Uniform fees are non-refundable for any reason.

Summer Fee: This fee is inclusive of all league, practice, and tournament activities that are deemed taxable by the state of Wisconsin. The fee + tax will be invoiced in March and is due by May 1<sup>st</sup>.

# Fundraising Opportunity

Athletes can participate in “Team Banner” fundraiser. Each player will secure advertisement funds from local businesses to be placed on the team tournament banner. Funds raised will directly benefit the player.

## Important Dates

Week of September 12 <sup>th</sup>	Off Season Training Begins
November 21 <sup>st</sup> – November 27 <sup>th</sup>	Thanksgiving Break
December 19 <sup>th</sup> - January 1 <sup>st</sup>	Winter Break
Week of March 6 <sup>th</sup>	Off Season Training Ends
March 13 <sup>th</sup> -19 <sup>th</sup>	Spring Break
March 20 <sup>th</sup> -April 30 <sup>th</sup>	New Youth Schedule Starts
May 1 <sup>st</sup> -July	Outdoor Summer Practice Schedule