

2023-2024

Off Season Instructional Program

9U/10U/11U/12U/13U/14U

Instructional workouts: 2x/week Mid-September thru April

- Typically one week day and one weekend practice each week
- Weekly baseball instruction sessions cover:
 - Defense, hitting, pitching, catching, throwing, and baseball basics in a team training setting
 - Classroom instruction
- Open gym times available
- Weekly Performance Training session (October thru mid-March)
- Outdoor practices (May-July)
- Online personalized Rapsodo profile to view test day videos

15U/16U/17U

Instructional workouts: 2x/week Mid-September thru mid-March (until start of HS season)

- Typically one week day and one weekend practice each week
- Weekly baseball instruction sessions cover:
 - o Defense, hitting, pitching, catching, throwing, and baseball basics in a team training setting
 - Classroom instruction
- Open gym times will be available
- Weekly Performance Training session (October thru mid-March)
- Outdoor practices (June-July)
- Online personalized Rapsodo profile to view test day videos
- Online Profile inside ISA Recruiting Network (ISArecruiting.com)
- FieldLevel Account managed by ISA
- Showcase day with ISA recruiting video
- Recruiting consultation and applicable follow up with ISA Recruiting Coordinator

Performance Training Program

Each ISA athlete will be a part of our Performance Training program as part of their program cost. Our training is a strengthening program designed to improve velocity, speed, control, mobility, flexibility and strength to allow each athlete to become a better overall baseball player. Athletes will have a weekly training session. All sessions will be developed by a certified strength coach.

An Advanced Performance Training option will be available for high school athletes for an additional cost. Copyright 2023 Impact Sports Academy LLC All rights reserved.

Season Schedule

9U/10U/11U/12U/13U/14U

- 6 tournaments minimum
- Weekly practices
- ISA Youth League; approximately 10 league games

15U/16U/17U

- 6 tournaments minimum
- Weekly practices
- Weekly games/scrimmages if necessary
- Fall Tournament Team option will be offered for an additional cost

Practices/League Games

<u>14U and under</u> will play a minimum of one league game per week from May through mid-July. They will also have one team outdoor practice per week from May through July.

15U-17U will have one practice per week in June and July.

Additional Facility Use

All ISA players are permitted to use the facilities during designated Open Gym times September – July. Open Gym hours vary throughout the year and are dependent on facility availability.

Uniforms and Gear

Marucci Sports is an official partner of Impact Sports Academy and through our partnership, ISA is able to offer an exclusive discount on Marucci products. Each team will be provided a designated Marucci website to order uniform packages, team branded merchandise, baseball equipment and gear, and more. The ISA Marucci store can be accessed with the below credentials year round:

Website: lockerroom.maruccisports.com

Password: ISABaseball

Uniform Package

The standard ISA uniform package is \$300 + tax and must be purchased via the ISA Marucci website in November. The uniform package includes a minimum of two jerseys, pants, a short sleeve hoodie or similar item, and two team hats. A black Marucci helmet is also required and available to purchase for those that do not already have one. Players will be able to purchase additional gear through a designated Marucci store as well.

Process to Order Uniform Package

At some point during the Fall after fitting day, players (parents) will be emailed a link to place orders online for their uniform package. These items will ship directly to the player's home. Any non-Marucci items in the uniform pack will be distributed by ISA. Uniform packages must be ordered by November 30th. If a player does not order during the designated time, a rush shipping fee may apply.

Players requiring additional gear can place orders at the same time as ordering their uniform package (otherwise the team store is open year-round). Players will be responsible for the cost and shipping charges for any extra items. These items will ship directly to the player's home.

Stay to Play Tournaments

Many tournament venues increasingly require teams to "Stay to Play," which means that teams must select lodging from a designated list of approved hotels and/or make reservations through specific links. ISA will communicate when a tournament is a Stay to Play tournament and provide further information on booking hotels. Families are expected to follow Stay to Play guidelines or they can be subject to team fines imposed by the tournament host. If a tournament is not Stay to Play, families are welcome to choose lodging of their choice and/or coordinate with team members to book blocks at hotels.

Program Cost

Roster spots are secured with a \$500 non-refundable down payment upon acceptance. The remaining balance will be paid on a monthly basis via automatic withdrawal based on the below schedule. A 3% processing fee will be added to all electronic payments.

<u>Player fee/program cost does not include travel expenses and these expenses should be carefully considered prior to accepting a roster spot.</u> If registering after August 31st, down payment plus first month is due upon registration.

Age	Down Payment	Sept	Oct	Nov	Dec	Jan	Feb	Mar	April	Uniform Fee	Summer Fee	TOTAL
9U/10U	\$500	\$218.75	\$218.75	\$218.75	\$218.75	\$218.75	\$218.75	\$218.75	\$218.75	\$300	\$150	\$2,700
11U/12U	\$500	\$237.50	\$237.50	\$237.50	\$237.50	\$237.50	\$237.50	\$237.50	\$237.50	\$300	\$200	\$2,900
13U/14U	\$500	\$268.75	\$268.75	\$268.75	\$268.75	\$268.75	\$268.75	\$268.75	\$268.75	\$300	\$250	\$3,200
15U/16U/17U	\$500	\$300	\$300	\$300	\$300	\$300	\$300	\$300	\$300	\$300	\$300	\$3,500

Uniform Fee: \$300 + tax and shipping to be purchased directly through Marucci in November. Uniform fees are non-refundable for any reason.

Summer Fee: This fee is inclusive of all league, practice, and tournament activities that are deemed taxable by the state of Wisconsin. The fee + tax will be invoiced in March and is due by May 1st.

Fundraising Opportunity

Athletes can participate in "Team Banner" fundraiser. Each player will secure advertisement funds from local businesses to be placed on the team tournament banner. Funds raised will directly benefit the player and be applied as a credit to their account.

Important Dates

Week of September 11th

November 20^{th} – November 26^{th}

December 22nd – January 5th

Week of March 4th

March 11th – 17th

Week of March 18th

Week of April 29th

Off Season Training Begins

Thanksgiving Break

Winter Break

Off Season Training Ends

Spring Break

New Youth Schedule Starts

Outdoor Summer Practice Schedule