

# ISA SOFTBALL HOUSE TEAMS

**2023-2024**

## Off Season Instructional Program

### 10U/12U/14U

#### **Instructional workouts: 2x/week Mid-September thru April**

- Typically one week day and one weekend practice each week
- Weekly softball instruction sessions cover:
  - Defense, hitting, pitching, catching, throwing, and softball basics in a team training setting
  - Classroom instruction
- Open gym times will be available
- Weekly performance training session (October thru mid-March)
- Outdoor practices (May-July)
- Online personalized Rapsodo profile to view test day videos

*\*14U high school athletes will stop by March 10<sup>th</sup> for high school practice*

### 16U/18U

#### **Instructional workouts: 2x/week Mid-September thru March 10<sup>th</sup> (High School season start)**

- Weekly softball instruction sessions cover:
  - Defense, hitting, pitching, catching, throwing, and softball basics in a team training setting
  - Classroom instruction
- Open gym times will be available
- Weekly performance training session (October thru mid-March)
- Outdoor practices (June-July)
- Online personalized Rapsodo profile to view test day videos
- Online Profile inside ISA Recruiting Network (ISArecruiting.com)
- FieldLevel Account Managed by ISA
- Showcase day with ISA recruiting video
- Recruiting consultation and applicable follow up with ISA Recruiting Coordinator

## Performance Training Program

Each team will be a part of our Performance Training Program as part of their program cost. Our training program is a strengthening program designed to improve velocity, speed, control, mobility, flexibility and strength to allow each athlete to become a better overall softball player. Athletes will come in weekly for their training session. All sessions will be ran by a certified strength coach.

An Advanced Performance Training option will be available for high school athletes for an additional cost.

# Season Schedule

## 10U/12U

- 6 summer tournaments
- 1 winter tournament (pending participation)
- Weekly practices
- ISA Youth League; approximately 10 league games

## 14U/16U/18U

- 5-7 summer tournaments
- Potential winter tournament (pending participation)

## **Practices/League Games**

12U and under will play a minimum of one league game per week from May through mid-July. They will also have one team outdoor practice per week from May through July. (Pending Team Participation)

14U-18U will have one mid-week practice in June and July

## **Additional Facility Use**

All ISA players are permitted to use the facilities during designated Open Gym times September – July. Open Gym hours vary throughout the year and are dependent on facility availability.

# Uniforms and Gear

Marucci Sports is an official partner of Impact Sports Academy and through our partnership, ISA is able to offer an exclusive discount on Marucci products. Each team will be provided a designated Marucci website to order uniform packages, team branded merchandise, baseball/softball equipment and gear, and more. The ISA Marucci store can be accessed with the below credentials year round:

Website: [lockerroom.maruccisports.com](https://lockerroom.maruccisports.com)

Password: ISASoftball

## **Uniform Packages**

The standard ISA uniform package is \$300 + tax and must be purchased via the ISA Marucci website in November. The uniform package includes jerseys, a sublimated long sleeve hoodie or similar item, two pairs of socks and a belt. A black Marucci helmet is also required and available to purchase for those that do not already have one. Players will be able to purchase additional gear through a designated Marucci store as well.

## Process to Order Uniform Package

At some point during the Fall after fitting day, players (parents) will be emailed a link to place orders online for their uniform package. These items will ship directly to the player's home. Any non-Marucci items in the uniform pack will be distributed by ISA. Uniform packages must be ordered by November 30th. If a player does not order during the designated time, a rush shipping fee may apply.

Players requiring additional gear can place orders at the same time as ordering their uniform package (otherwise the team store is open year-round). Players will be responsible for the cost and shipping charges for any extra items. These items will ship directly to the player's home.

## Stay to Play Tournaments

Many tournament venues increasingly require teams to "Stay to Play," which means that teams must select lodging from a designated list of approved hotels and/or make reservations through specific links. ISA will communicate when a tournament is a Stay to Play tournament and provide further information on booking hotels. Families are expected to follow Stay to Play guidelines or they can be subject to team fines imposed by the tournament host. If a tournament is not Stay to Play, families are welcome to choose lodging of their choice and/or coordinate with team members to book blocks at hotels.

## Program Cost

Roster spots are secured with a \$500 *non-refundable* down payment upon acceptance. The remaining balance will be paid on a monthly basis via automatic withdrawal based on the below schedule. A 3% processing fee will be added to all electronic payments.

**Player fee/program cost does not include travel expenses and these expenses should be carefully considered prior to accepting a roster spot.** If registering after August 31<sup>st</sup>, down payment plus first month is due upon registration.

Age	Down Payment	Sept	Oct	Nov	Dec	Jan	Feb	Mar	April	Uniform Fee	Summer Fee	TOTAL
10U	\$500	\$181.25	\$181.25	\$181.25	\$181.25	\$181.25	\$181.25	\$181.25	\$181.25	\$300	\$150	\$2,400
12U	\$500	\$187.50	\$187.50	\$187.50	\$187.50	\$187.50	\$187.50	\$187.50	\$187.50	\$300	\$200	\$2,500
14U	\$500	\$212.50	\$212.50	\$212.50	\$212.50	\$212.50	\$212.50	\$212.50	\$212.50	\$300	\$250	\$2,750
16U/18U	\$500	\$231.25	\$231.25	\$231.25	\$231.25	\$231.25	\$231.25	\$231.25	\$231.25	\$300	\$300	\$2,950

Uniform Fee: \$300 + tax and purchased directly through Marucci in November. Uniform fees are non-refundable for any reason.

Summer Fee: This fee is inclusive of all league, practice, and tournament activities that are deemed taxable by the state of Wisconsin. The fee + tax will be invoiced in March and is due by May 1<sup>st</sup>.

# Fundraising Opportunity

Athletes can participate in “Team Banner” fundraiser. Each player will secure advertisement funds from local businesses to be placed on the team tournament banner. Funds raised will directly benefit the player be applied as a credit to their account.

## Important Dates

Week of September 11 <sup>th</sup>	Off Season Training Begins
November 20 <sup>th</sup> – November 26 <sup>th</sup>	Thanksgiving Break
December 22 <sup>nd</sup> – January 5 <sup>th</sup>	Winter Break
Week of March 10 <sup>th</sup>	Off Season Training Ends
March 11 <sup>th</sup> – 17 <sup>th</sup>	Spring Break
Week of March 18 <sup>th</sup>	New Youth Schedule Starts
Week of April 29 <sup>th</sup>	Outdoor Summer Practice Schedule