

ISA Baseball House Teams

Off Season Instruction Program

8U/9U/10U/11U/12U Futures

Instructional workouts: 2x/week September thru April

- Weekly baseball instruction sessions cover:
 - Defense, hitting, pitching, catching, throwing, and baseball basics in a camp style setting
 - Classroom instruction
 - Last two weeks of December Workouts will be OFF- Open gym times will be available
- 1x/week performance training session (September thru mid-March)
- Outdoor practices (May-July)
- Online video analysis profile personalized for each athlete

13U/14U Futures

Instructional workouts: 2x/week September thru April

- Weekly baseball instruction sessions cover:
 - Defense, hitting, pitching, catching, throwing, and baseball basics in a camp style setting
 - Classroom instruction
 - Last two weeks of December Workouts will be OFF- Open gym times will be available
- 1x/week performance training session (September thru mid-March)
- Outdoor practices (May-July)
- Online video analysis profile personalized for each athlete
- 3E Mental Skills Training (14U Only)

15U/16U/17U/18U Stars

Instructional workouts: 2x/week September thru Mid-March (start of HS season)

- Weekly baseball instruction sessions cover:
 - Defense, hitting, pitching, catching, throwing, and baseball basics in a camp style setting
 - Classroom instruction
 - Last two weeks of December Workouts will be OFF- Open gym times will be available
- 1x/week performance training session (September thru mid-March)
- Outdoor practices (June-July)
- Online video analysis profile personalized for each athlete
- ISA Recruiting Network with Online Profile
- 3E Mental Skills Training

Summer Team Managers are integrated into the instruction program as we progress. Managers will begin working with their team as soon as January (if available) for a smooth transition in leadership & to help build the manager/player relationship when available.

Performance Training Program

Each ISA athlete will be a part of our Training Program as part of their program cost. Our training is a strengthening program designed to improve velocity, speed, control, mobility, flexibility and strength to allow each athlete to become a better overall baseball player. Athletes will come in once a week for their training session. All sessions will be ran by a certified strength coach.

Season Schedule

8U/9U/10U/11U/12U Futures

- 6 tournaments
- Weekly practices
- ISA Youth League; Approximately 15 League Games

13U/14U Futures

- 6 tournaments
- Weekly practices/scrimmages
- ISA League/Area League; Approximately 15 League Games

15U/16U/17U/18U Stars

- 6 tournaments
- Weekly practices
- Weekly games/scrimmages if necessary

Practices/League Games

13U and under- will be playing minimum of one league game per week from May through July. They will also have one team outdoor practice per week from May through July.

14U/15U (pending team)- will be playing minimum of one league game per week in June and July. They will also have one team outdoor practice per week from May through July (15U June and July only).

15U-17U- will have 2 practices per week in June and July.

Players are encouraged to practice daily on their own.

Additional Facility Use

All ISA players are encouraged to use the facilities after school Monday through Friday from September – May (June and July summer hours change).

Uniforms and Gear

Marucci Sports is an official partner of Impact Sports Academy and a top supplier in Major League Baseball. Owned and operated by current and former MLB players, Marucci is endorsed by many professional athletes. Through our partnership, ISA is able to offer an exclusive discount on Marucci products.

Each team will be provided a designated Marucci website to order uniform packages, team branded merchandise, baseball equipment and gear.

Uniform Packages

As part of their team dues, a basic uniform/equipment package from Marucci is provided. This package includes: 2 jerseys, 1 MLB pant, 2 hats and team backpack (could change based on age).

ISA will also provide athletes with a practice shirt for the off-season training.

If you are a new ISA athlete, you will also be required to buy a Marucci helmet. Players will be able to purchase additional gear through a designated Marucci store.

Process to Order Uniform Package

Players (parents) will be emailed a link to place orders online for their included uniform package. These items will ship directly to ISA and be distributed by ISA staff at a team practice. Uniform packages must be ordered by December 1st. If a player does not order during the allotted time frame, a rush shipping fee may apply.

Players requiring additional gear can place orders at the same time as ordering their uniform package (otherwise the team store is open year-round). Players will be responsible for the cost and shipping charges for any extra items. These items will ship directly to the player's home.

Program Cost

Roster spots are secured with a \$500 *non-refundable* down payment in August. The remaining balance will be paid on a monthly basis via automatic withdrawal. Automatic withdrawal is mandatory unless "offline" (outside of the player management software) payments are approved by ISA Management. Player fee/program cost does not include travel expenses. If registering after August 31st, down payment plus first month is due upon registration. Fundraising opportunities will be offered.

8U/9U/10U Futures

Total Program Cost: \$2,600

Due on acceptance of roster spot: \$500

Remaining Balance: \$315/month for 7 consecutive months (Sept - March)

All payments are non-refundable

INCLUDES UNIFORM COSTS

11U/12U Futures

Total Program Cost: \$2,800

Due on acceptance of roster spot: \$500

Remaining Balance: \$329/month for 7 consecutive months (Sept - March)

All payments are non-refundable

INCLUDES UNIFORM COSTS

13U &14U Futures

Total Program Cost: \$3,050

Due on acceptance of roster spot: \$500

Remaining Balance: \$365/month for 7 consecutive months (Sept - March)

All payments are non-refundable

INCLUDES UNIFORM COSTS

15U-18U Stars

Total Program Cost: \$3,400

Due on acceptance of roster spot: \$500

Remaining Balance: \$363/month for 8 consecutive months (Sept - April)

All payments are non-refundable

INCLUDES UNIFORM COSTS

Fundraising Opportunities

Opportunities for fundraising are available. At ISA, we feel that working together to raise funds to benefit others is part of building team camaraderie and individual character. Players are encouraged to participate but such events will always remain optional.

ISA will coordinate the following two fundraisers:

1. In the fall/winter, players can participate in the "Swing-a-Thon" fundraiser. Each player will secure donations and multiply that number off of his/her performance in a skills competition. Funds raised will directly benefit the player.
2. In the spring, players can participate in "Team Banner" fundraiser. Each player will secure advertisement funds from local businesses to be placed on the team tournament banner. Funds raised will directly benefit the player.

Please note: Individual fundraising opportunities are also encouraged, however, they must be pursued and completed by the individual player or team without the assistance of ISA.